



Nearly all people die of their medicines, and not of their illnesses.

—MOLIÈRE, FRENCH WRITER (1622–1673)



Chapter 1 Outline

The Politics of Medicine and the Nature of Health

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*Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to
petrified opinion never yet broke a chain or freed a human soul.*
—MARK TWAIN, AMERICAN WRITER, CRITIC AND HUMORIST (1835–1910)



Chapter 2 Outline

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)



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Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—BENJAMIN RUSH, A SIGNER OF THE DECLARATION OF INDEPENDENCE



Chapter 4 Outline

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- Q. Some electrode and radiant machines can transmit several frequencies at the same time. This sounds like a great feature, since I'd like to decrease the amount of time I spend with my device each day. Are such machines reliable? 362
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- Q. I've seen diagrams in books and on the Internet on how to build a rife-style device. How hard could it be to build my own machine?364
- Q. These devices cost so much! The electrode units seem like ordinary frequency generators to me, with common metal cylinders used as electrodes. And some of these light tube units don't seem very sophisticated. Why do the manufacturers charge so much? Don't they care about people's health—and people's lives?364
- Q. I'm convinced that I need to purchase my own unit. But shouldn't I try to obtain a real rife machine? We know that some of his units at least had a good track record.365
- Q. Some rife units in the United States are approved by the FDA. Are these machines better than the ones that aren't approved?365

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- Q. What's the difference between a detox (Herxheimer or Herx) reaction from rifing and actually being sick? Both situations feel similar to me.370
- Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? 371
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- Q. I have a serious wound that I want to treat. Is it okay to put an electrode directly on it? 372
- Q. With my electrode unit, do I have to feel the current in order to know that the machine is working? 372
- Q. I heard that the metal used for the electrodes may sometimes get into the body, and that certain metals are safer than others. Is this true? If so, what can I do to minimize harm? 373
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- Q. I had a bad cold, and was giving myself a session with a light tube device in the den. My daughter, who had a bad cold, too, and was in a room that shares an adjoining wall, insisted that she felt something when the unit was on. The next day, not only was my cold better, her cold was completely gone. Could the light really penetrate through a wall?..... 374

- Q. Does it matter which direction the light tube is facing? 375
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- Q. I was getting very good results when rifeing for a chronic condition until I took a 2-week break. Now, the same frequencies don't seem to be working. Why? 375
- Q. Shouldn't I see a doctor or qualified rife practitioner for sessions, instead of buying my own machine? I'm afraid I won't know what I'm doing and will hurt myself. 375
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- Q. Why do we need individual frequencies at all? Why can't we simply blast the microbes with every frequency in succession, especially if we don't know which ones to use? 380
- Q. Why are different frequencies sometimes listed for the same condition? And why are the same frequencies often given for two distinctly different microbes? 381
- Q. I've heard that higher frequencies work better than lower frequencies. Is there any truth to this? 381
- Q. My unit goes up to only 20,000 Hertz. But my condition requires many frequencies that are over 60,000 Hertz. What should I do? 381
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- Q. If the frequencies are so effective, why do I need to use the machine more than once? 384
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- Q. How much frequency drift is allowable for the rife equipment to still be effective in destroying microbes? 386
- Q. There are some units that deliver frequencies in rapid succession, usually in the high range. Is this rife? And are these machines effective? 386
- Q. My doctor says that if rife technology really worked, he would know about it. So how can I be sure that this modality is effective? 386
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- Q. I have cancer. Despite rife sessions twice daily, my CEA levels are increasing, not decreasing. Is there reason to be concerned? 391
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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

— HIPPOCRATES, “FATHER OF MEDICINE” GREEK PHYSICIAN (460–400 BC)



Chapter 5 Outline Frequency Directory

Note: This list does *not* include single, stand-alone entries, which are in alphabetical order.

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Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—CHARLOTTE PERKINS GILMAN,

UNITED STATES WRITER, POET, LECTURER, SOCIAL CRITIC AND ACTIVIST (1860–1935)



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Note: Not every microbe and disease in Chapter 5 (the Frequency Directory) is included here, as Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5, as well as many health conditions listed in sub-headings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

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